

00:55, Sep 5, 2013 - x: Hi, my name is X. I have your tel. number from Y She is my friend. My problem is that I have fibroid uterus, from july my period statedto be chaotic and the gynecologist recommended hysterectomy. I should be in the hospital on 4th of october. Please advise. Best regards.

11:20, Sep 5, 2013 - Inerdev Sahu: Hi

Fibroids of uterus is 100% curable by Homoeopathic remedies

To help you out with this situation I need to take your case in detail ; it will take an hour or so

Please send me a msg when you want to give your case

Thanks

11:41, Sep 5, 2013 - x: Yes, I want. Tell me please when and if I need to open the computer.

11:51, Sep 5, 2013 - Inerdev Sahu: I will take your case here

Pls tell me your age

Height

Weight

11:46, Sep 5, 2013 - x: I'm 48, 170cm and 58 kilos.

11:56, Sep 5, 2013 - Inerdev Sahu: OK please tell me in details what made you to consult the gynaec ;

I

11:57, Sep 5, 2013 - Inerdev Sahu: I mean when and how did your problems start

11:56, Sep 5, 2013 - x: 17 years ago the obstetrician I gave birth my son with told me that I should go regularly to the gycologist because of fibroids which I did. Every year. There was one dominant growing. In 2008 I removed 3 and after 6 months another 5. The sugeon told me before that if I'll wait more I have to remove my uterus.

12:07, Sep 5, 2013 - Inerdev Sahu: Hmm were u experiencing profuse bleedings or the fibroids didn't give u any trouble and it was accidental findings in sonography

12:00, Sep 5, 2013 - x: In july16 I had my period, then again on 3rd of august and again on 16th of august. Usually my period is every 24 days. I made an appointment to the gynec and he said hystectomy.

12:01, Sep 5, 2013 - x: The previous visit to gynec was in march.

12:10, Sep 5, 2013 - Inerdev Sahu: You are having fibroids since years and removal has also been done

Was there any pain or bleeding earlier also ?

12:04, Sep 5, 2013 - x: No. Just checking.

12:13, Sep 5, 2013 - Inerdev Sahu: Hmmm

Pls describe in detail the frequent bleedings of august

Flow clots pain etc

12:08, Sep 5, 2013 - x: The pain was as usual. No clots.

12:09, Sep 5, 2013 - x: It lasted 8 days, but I had lot to do. I have a guesthouse.

12:09, Sep 5, 2013 - x: Usually lasts 5 days.

12:19, Sep 5, 2013 - Inerdev Sahu: Got a pt here

Will return back in 15 minutes

Thanks

12:12, Sep 5, 2013 - x: You're welcome.

12:51, Sep 5, 2013 - Inerdev Sahu: Hi

12:54, Sep 5, 2013 - Inerdev Sahu: R u there free

12:50, Sep 5, 2013 - x: In 2 min

12:59, Sep 5, 2013 - Inerdev Sahu: OK pls take your own time

12:55, Sep 5, 2013 - x: Ready

12:59, Sep 5, 2013 - x: I am ready

13:08, Sep 5, 2013 - Inerdev Sahu: OK can u pls tell me about the pain

13:08, Sep 5, 2013 - Inerdev Sahu: Its location radiation etc

13:03, Sep 5, 2013 - x: It's located where the period pain is, no difference

13:11, Sep 5, 2013 - Inerdev Sahu: OK pls tell me your gynaecologic

13:11, Sep 5, 2013 - Inerdev Sahu: History

13:04, Sep 5, 2013 - x: Sometime is stronger, radiation down to the knees

13:12, Sep 5, 2013 - Inerdev Sahu: Abortions still births pregnancies etc

13:19, Sep 5, 2013 - Inerdev Sahu: Where r u located and what time is it over there

13:12, Sep 5, 2013 - x: I should start at age of 14 when I had my first 2 periods. Then nothing until 16 years of age. I had 1 month stimulating treatment. Afterwards was ok. In 2005 I had a surgery. My tiroid had noduls, still have 75% of it.

13:13, Sep 5, 2013 - x: Austria-

13:21, Sep 5, 2013 - Inerdev Sahu: OK is it early morning for you

I can take the case after 3-4 hrs

13:14, Sep 5, 2013 - x: I took euthyrox everyday.

13:14, Sep 5, 2013 - x: Are you busy?

13:23, Sep 5, 2013 - Inerdev Sahu: G need to have lunch

Am hungry

13:16, Sep 5, 2013 - x: Ok, enjoy your meal. See you in 3-4 hours?

13:24, Sep 5, 2013 - Inerdev Sahu: I will ms you ASAP

13:24, Sep 5, 2013 - Inerdev Sahu: Thank you

13:17, Sep 5, 2013 - x: Ok.

15:37, Sep 5, 2013 - Inerdev Sahu: Hi r u there free to discuss

15:32, Sep 5, 2013 - x: In 10. Is it ok ?

15:40, Sep 5, 2013 - Inerdev Sahu: OK ☺

15:50, Sep 5, 2013 - x: Ok

15:59, Sep 5, 2013 - Inerdev Sahu: OK right from childhood up till now pls tell me about all the diseases u have suffered

15:59, Sep 5, 2013 - Inerdev Sahu: Date wise

15:56, Sep 5, 2013 - x: Childhood illnesses twice. Have been vaccinated. At 12 tonsillectomy. At 14 two months period then nothing.

15:59, Sep 5, 2013 - x: At 16 went to the doctor and after one month medication was ok. I had 4 abortions - not spontaneous. It was during communism.

16:09, Sep 5, 2013 - x: In 1995 gave birth my son weight 4 kg. In 1996 diagnosed duodenal ulcer. In 2005 tiroid surgery. I take euthyrox 25 microg. In march ldid a wrong move and a lombo-scythian nerve were infalmed. Doctors in the hospital made all the possible tests and realize that my tiroid didn't work well. So they recommend 125 microg. That time my dose was 100.

16:20, Sep 5, 2013 - Inerdev Sahu: OK

16:12, Sep 5, 2013 - x: I was hiperreactiv. I reduced the dose every a few months. Checked the hormon by making tests.

16:21, Sep 5, 2013 - Inerdev Sahu: Pls tell me the symptoms and the nature of the pain of lumbosynthian nerve inflammation if you remember

16:14, Sep 5, 2013 - x: I am taking 25 microg and a remedy from a homeopath from Romania. I am Romanian. Ia

16:16, Sep 5, 2013 - x: Very strong. Couldn't sit or lay down. Couldn't sleep. Just walking was a bit better. The pain made cry.

16:24, Sep 5, 2013 - Inerdev Sahu: Which side it was

16:17, Sep 5, 2013 - x: I stayed in the hospital one week that time. Right side

16:25, Sep 5, 2013 - Inerdev Sahu: Was the pain in the back and was it radiating to the leg

16:19, Sep 5, 2013 - x: Back to the hip

16:20, Sep 5, 2013 - x: And a little to the front up and down.

16:28, Sep 5, 2013 - Inerdev Sahu: Right side of the back or entire back was involved

In between if u have any work pls do it I can wait

It will take long time for your case

16:22, Sep 5, 2013 - x: Right side. I have two ultrasound photos. One made in march the other in august. Would like to send them on email. I have the address

16:23, Sep 5, 2013 - x: About fibroids.

16:31, Sep 5, 2013 - Inerdev Sahu: Of course you can send

Any other reports if u have pls send that also

16:24, Sep 5, 2013 - x: Ok

16:32, Sep 5, 2013 - Inerdev Sahu: Any problem in stool or urine right from childhood uptill now ?

16:25, Sep 5, 2013 - x: No.

16:34, Sep 5, 2013 - Inerdev Sahu: OK how is your hunger and thirst uptill now

16:30, Sep 5, 2013 - x: Thirst so and so. Hunger yes. But I have been all my life thin. In childhood, when I was ill the nurses called me Auschwitz. Understand? I wanted to be the other girls and I educated my apetit to be big.

16:31, Sep 5, 2013 - x: Like the other girls...

16:40, Sep 5, 2013 - Inerdev Sahu: Hmmm pls tell me your desires and aversions regarding food and beverages

16:37, Sep 5, 2013 - x: I don't eat lamb meat, goat cheese or yoghurt. I can't drink champagne, too much gas. I don't fatty food.

16:37, Sep 5, 2013 - x: Eat

16:37, Sep 5, 2013 - x: O can eat all

16:38, Sep 5, 2013 - x: The others. But I like cakes.

16:46, Sep 5, 2013 - Inerdev Sahu: What about milk and milk products

Do u have any type of allergies

16:40, Sep 5, 2013 - x: I try as much as I can organic food. I avoid milk which makes gas. Yoghurt is ok.

16:40, Sep 5, 2013 - x: No allergies.

16:48, Sep 5, 2013 - Inerdev Sahu: OK does milk gives you gas right from childhood

16:41, Sep 5, 2013 - x: Hard food especially in the evening makes gas.

16:41, Sep 5, 2013 - x: No

16:50, Sep 5, 2013 - Inerdev Sahu: OK

What you like most

Sweet sour spicy etc

16:43, Sep 5, 2013 - x: Sweet. I avoid spicy, gave me burns.

16:44, Sep 5, 2013 - x: Sour not much. Not salty.

16:52, Sep 5, 2013 - Inerdev Sahu: OK

How do you sweat

16:45, Sep 5, 2013 - x: A little.

16:53, Sep 5, 2013 - Inerdev Sahu: Hmmm on exertion also ?

16:46, Sep 5, 2013 - x: I do my jogging every 3 days, then yes.

16:54, Sep 5, 2013 - Inerdev Sahu: What type of environment do you prefer

16:48, Sep 5, 2013 - x: I was born to the seaside, I live in the mountain. I'll always be attracted to the sea.

16:56, Sep 5, 2013 - Inerdev Sahu: Hmmm

In what season you are most comfortable

16:50, Sep 5, 2013 - x: Summer of course. I am familiar with this season more than to the others.

16:58, Sep 5, 2013 - Inerdev Sahu: Hmmm do you feel more chill as compared to others

16:53, Sep 5, 2013 - x: Yes I think. But since I live in the Alps I adapted a little.

17:01, Sep 5, 2013 - Inerdev Sahu: OK

How is your sleep

16:57, Sep 5, 2013 - x: Do you know the expresion like a rabbit? . But I like sleeping.

17:05, Sep 5, 2013 - Inerdev Sahu: Ը hmmm

Any dreams you get repeatedly

16:59, Sep 5, 2013 - x: I dream a lot but not repeatedly.

17:07, Sep 5, 2013 - Inerdev Sahu: Do you have any type of fear

16:59, Sep 5, 2013 - x: In dreams or in reality?

17:07, Sep 5, 2013 - Inerdev Sahu: Both Ը

17:01, Sep 5, 2013 - x: My scary dreams are in small spaces like the back of a falling car. In reality... the list is long

17:10, Sep 5, 2013 - Inerdev Sahu: Pls tell me the long list

It is very important to come to the right remedy

17:04, Sep 5, 2013 - x: I am a perfectionist. I am afraid of making mistakes because I care too much about people's opinion about me.

17:08, Sep 5, 2013 - x: I do not like to upset people. For example 2 winters ago I gave the room room to a couple. I apologize, made a discount, offer a free sauna. But they were too less indulgent. Not long after I had to go to the doctor. It followed the gastroendoscopy and... Helicobacter pilori.

17:09, Sep 5, 2013 - x: Wrong room. They booked a double bad and I gave them twin beds.

17:09, Sep 5, 2013 - x: Bed

17:19, Sep 5, 2013 - Inerdev Sahu: OK anything else like fear to be alone

Fear of darkness

Any type of stress etc

17:20, Sep 5, 2013 - Inerdev Sahu: Fear of fire water animals etc

17:13, Sep 5, 2013 - x: Stress for somerhing new I have never experienced.

17:22, Sep 5, 2013 - Inerdev Sahu: OK as you say you are perfectionist

How do you react if you are not upto the mark

17:14, Sep 5, 2013 - x: I like fire - is romantic. Water no - I can swim

17:15, Sep 5, 2013 - x: What does it mean upto the mark? High standards?

17:17, Sep 5, 2013 - x: Bad. I cannot sleep, laugh or think of something else.

17:25, Sep 5, 2013 - Inerdev Sahu: Hmm and this reaction lasts long or is transient

17:18, Sep 5, 2013 - x: Since I know myself.

17:26, Sep 5, 2013 - Inerdev Sahu: Does it affects your health in any way

Eg some people get loose motions

17:19, Sep 5, 2013 - x: Yes it affects. Lose weight

17:20, Sep 5, 2013 - x: Think negative and fear of what will come up and I will repeat the mistake

17:28, Sep 5, 2013 - Inerdev Sahu: Hmm you have been like this since childhood or it developed later on in life

17:21, Sep 5, 2013 - x: Since childhood

17:29, Sep 5, 2013 - Inerdev Sahu: Hmm

Pls describe yourself in terms of

Will

Understanding

Memory

17:25, Sep 5, 2013 - x: Difficult

17:26, Sep 5, 2013 - x: Let's atart from thw bottom. What I like I remember no need to write down.

17:29, Sep 5, 2013 - x: Understanding - I think I am slightly influenced by the people. Trying to be empathic. Sometimes more than neccessary

17:30, Sep 5, 2013 - x: My husbands uses to say I think complicated.

17:30, Sep 5, 2013 - x: Just one husband□

17:38, Sep 5, 2013 - Inerdev Sahu: ♂

17:31, Sep 5, 2013 - x: Will - I don't know what to say. Need help

17:40, Sep 5, 2013 - Inerdev Sahu: OK how is your determination

17:35, Sep 5, 2013 - x: I need time to initiate something (taking the bull by the horns takes time). Then I follow the plan to the end. The is important allways.

17:36, Sep 5, 2013 - x: End

17:44, Sep 5, 2013 - Inerdev Sahu: Hmmm

Pls tell me family history of diseases if any

17:37, Sep 5, 2013 - x: When I was younger I couldn't start 2 things in the same time. I was focusing better like this.

17:41, Sep 5, 2013 - x: Father- No. Mother- cervix cancer at age 45 and almost 2 years ago passed away, lungs cancer.

17:49, Sep 5, 2013 - Inerdev Sahu: Hmmm siblings ?

17:44, Sep 5, 2013 - x: One brother 5 years younger

17:53, Sep 5, 2013 - Inerdev Sahu: All your problems seem to originate from the thyroid

Thanks for your cooperation in giving the case

That's all from my side

If you want to add anything pls tell me

17:50, Sep 5, 2013 - x: I take a remedy from a Romanian homeopath since april.. It's a mixture. I asked what consists of and he said "is just a mix". From 125 microg I got 25. Including the tests which are ok. Next I have to check in 2 weeks.

17:52, Sep 5, 2013 - x: I will send it on email

18:00, Sep 5, 2013 - Inerdev Sahu: I will study your case and come out with a remedy ASAP

18:00, Sep 5, 2013 - Inerdev Sahu: Email is fine

17:53, Sep 5, 2013 - x: Ok. Thank you.

18:01, Sep 5, 2013 - Inerdev Sahu: In between if you remember anything which you have missed pls send me a msg

17:54, Sep 5, 2013 - x: Like illness or negative emotion?

18:03, Sep 5, 2013 - Inerdev Sahu: Anything

Pertaining to mind and body

Anywhere in the body

18:00, Sep 5, 2013 - x: Ok

23:48, Sep 5, 2013 - Inerdev Sahu: Hi

Need to ask you some questions

23:49, Sep 5, 2013 - Inerdev Sahu: Did you ever suffer from bleeding from nose

23:49, Sep 5, 2013 - Inerdev Sahu: What is the effect of thunderstorm and lightning on you

23:51, Sep 5, 2013 - Inerdev Sahu: You got your first menses at 14 and then 2 years no menses

In this 2 years did you had any health issues when menses were absent

01:04, Sep 6, 2013 - x: Nose bleeding-no. Thunderstorm and lightning are interesting. I like to watch from inside.

01:10, Sep 6, 2013 - x: Between 14 and 16 of age I don't remember about any health issues. But I had allways problems with my throat. Since my tiroid surgery-2005 and our moving in Austria-2007 I had no throat issues.

01:18, Sep 6, 2013 - x: I remember when I was almost 16 I cried for 2 weeks being sure that I'm the ugliest girl in the world. No breast, no cloths my size, schoolmates making bad jokes about me and having an exam important to pass in a few months.

13:52, Sep 6, 2013 - x: Hi to you there! I remember when I was 13-14 I had kind of allergy to cold. It was winter. All my wrists were red and itching when coming from outside. It lasted 1 or 2 seasons. In my childhood I took a lot of antibiotics.

13:59, Sep 6, 2013 - x: Another thing related to my fears is that when I was 4-6 years my mother and granma lost me in a big crowded area. I waited hours in the same place they left me. I wad afraid. From that moment I had this fear - not to be lost from my parents. Today I am comfortable when I know I belong to someone or a place.

14:07, Sep 6, 2013 - x: Regarding my dreams I had a few in which I fly, a few with the same subject-facing the difficulty of an exam I don't know if I pass. In last time I dream my parents who passed away, everynight or 2 nights. This please me.

14:20, Sep 6, 2013 - x: Pills

16:45, Sep 6, 2013 - x: I paid your invoice. I hope you didn't forget that my gynecologist has set my hysterectomy on 5th of nov. which I try to avoid. Thank you.

17:12, Sep 6, 2013 - x: The remedy I'm taking for thyroid from Romanian homeopath I should stop taking?!

23:37, Sep 6, 2013 - Inerdev Sahu: Hi I was in a area where I was not connected to the internet

23:38, Sep 6, 2013 - Inerdev Sahu: As soon as you get the remedies pls send me a msg

23:38, Sep 6, 2013 - Inerdev Sahu: It will be nice if you stop all medications when you start mine

23:33, Sep 6, 2013 - x: This I wanted to know. I have ordered them today

23:42, Sep 6, 2013 - Inerdev Sahu: Good

I am very much confident that you will not require surgery

23:35, Sep 6, 2013 - x: I think I can avoid. Feel that.

23:43, Sep 6, 2013 - Inerdev Sahu: I have tried my level best

Hope for the best

And hope you get the remedies soon

23:37, Sep 6, 2013 - x: Me too. I'll send a message when they're here.

23:46, Sep 6, 2013 - Inerdev Sahu: OK its midnight here

Good night

23:39, Sep 6, 2013 - x: Good night

23:39, Sep 6, 2013 - x: Thank you.

08:46, Sep 13, 2013 - Inerdev Sahu: Hi

How r u doing

16:39, Sep 13, 2013 - x: Hi. I'm waiting the remedies to come. I started a therapy like a massage on the energy meridians. The therapist told me the right hip is higher than the left one.

16:40, Sep 13, 2013 - x: Therapist

16:42, Sep 13, 2013 - x: I keep my vegetarian diet and try to think positive which I don't succeed

16:44, Sep 13, 2013 - x: ...most of the time. It's getting colder here and it rains since Monday. It's depressing a little.

15:47, Sep 16, 2013 - x: Hi! The remedies didn't come yet. Should I take all 3 in the same time?

15:55, Sep 16, 2013 - Inerdev Sahu: No

Let the remedies come then I will give u instructions

15:52, Sep 16, 2013 - x: Smile will make you feel fine again. Should I stop taking Euthyrox, shouldn't I?

15:53, Sep 16, 2013 - x: Make

16:01, Sep 16, 2013 - Inerdev Sahu: Let us first start with our remedies

Then when we get positive results we will taper it off slowly

15:54, Sep 16, 2013 - x: Ok.

16:48, Sep 17, 2013 - x: I have finally received the remedies G

16:57, Sep 17, 2013 - Inerdev Sahu: ©

16:49, Sep 17, 2013 - x: Hi

16:57, Sep 17, 2013 - Inerdev Sahu: Pls start with X as I advised

16:49, Sep 17, 2013 - x: Ok

17:26, Sep 17, 2013 - x: I have started. Tell me please if I can keep taking my Euthyrox 25 microg everyday.

17:45, Sep 17, 2013 - Inerdev Sahu: Yes you can take it

I will tell you when to taper it off

06:43, Sep 20, 2013 - Inerdev Sahu: Hi

How are you doing G

10:59, Sep 20, 2013 - x: Hi. Excepting the headache and a slightly bellyache I'm fine. I have tourists this weekend.

11:09, Sep 20, 2013 - Inerdev Sahu: © do let me know if any problem

Pls don't take any other medicines for any ailment before discussing with me

Take care .

Have a nice and productive weekend GG

11:03, Sep 20, 2013 - x: Yes, doc. Thank you. Hsve a nice weekend too.

11:03, Sep 20, 2013 - x: GG

18:52, Sep 25, 2013 - x: This is the 8th since I take X. I am fine.

18:53, Sep 25, 2013 - x: Hi. I hope you are fine.

19:03, Sep 25, 2013 - Inerdev Sahu: Hi

19:04, Sep 25, 2013 - Inerdev Sahu: I am fine

Thank you

19:04, Sep 25, 2013 - Inerdev Sahu: How are you doing

18:58, Sep 25, 2013 - x: I'm fine, thank you. Hope the nice weather will last at least one week. I want to climb the mountain, up to 2000 m.F

19:07, Sep 25, 2013 - Inerdev Sahu: ©

19:08, Sep 25, 2013 - Inerdev Sahu: You seem to be very energetic ☺

18:59, Sep 25, 2013 - x: This means I have the approval. ☐

19:09, Sep 25, 2013 - Inerdev Sahu: I never tell my patients to avoid anything

Do whatever they desire

19:00, Sep 25, 2013 - x: I go to Bioenergetical therapy. ☐

19:01, Sep 25, 2013 - x: I'm joking ☺

19:09, Sep 25, 2013 - Inerdev Sahu: Do you find any changes in your symptoms

19:01, Sep 25, 2013 - x: No.

19:10, Sep 25, 2013 - Inerdev Sahu: Or yourself by which I can ascertain that the medicine is working

19:10, Sep 25, 2013 - Inerdev Sahu: Or not

19:03, Sep 25, 2013 - x: I am fine, really. And I'm not joking about the therapy.

19:12, Sep 25, 2013 - Inerdev Sahu: OK how will we know that your fibroids are shrinking

19:06, Sep 25, 2013 - x: I intend to go to make an ultrasound when you think it's time.

19:15, Sep 25, 2013 - Inerdev Sahu: OK

And what about bleeding etc

19:16, Sep 25, 2013 - Inerdev Sahu: Any symptoms changes which will help me to ascertain things clinically

19:09, Sep 25, 2013 - x: Last time was on schedule, on 10th sept, for 5 days as usual.

19:09, Sep 25, 2013 - x: Absolutely normal.

19:11, Sep 25, 2013 - x: When may I start with the others two remedies?

19:23, Sep 25, 2013 - Inerdev Sahu: Other remedies are for back up

If you are getting cured by X I might not use the other 2 ☺

19:27, Sep 25, 2013 - Inerdev Sahu: Got busy ??

19:28, Sep 25, 2013 - Inerdev Sahu: Has your appetite increased

19:20, Sep 25, 2013 - x: No. I just came home

19:20, Sep 25, 2013 - x: No. I'm fasting.

19:29, Sep 25, 2013 - Inerdev Sahu: Did you get loose stools after starting medicine
Or feverish feeling

Excessive sweating after the medicines

19:21, Sep 25, 2013 - x: No

19:30, Sep 25, 2013 - Inerdev Sahu: Did u get fibre like muscular things in this cycle

19:22, Sep 25, 2013 - x: No

19:31, Sep 25, 2013 - Inerdev Sahu: Hmmm

Do u feel a sense of well being

Or comfort after taking the medicine

19:23, Sep 25, 2013 - x: Yes

19:32, Sep 25, 2013 - Inerdev Sahu: ☺

19:33, Sep 25, 2013 - Inerdev Sahu: Good at least I got one positive signal ☺

19:24, Sep 25, 2013 - x: Which means the remedy works excellent

19:24, Sep 25, 2013 - x: On me

19:33, Sep 25, 2013 - Inerdev Sahu: Good

19:35, Sep 25, 2013 - Inerdev Sahu: OK I will go through your case again and then ask you specific questions

Bye

Take care

19:27, Sep 25, 2013 - x: I will. Bye

01:58, Sep 26, 2013 - x: Hi. All my job's done, I'm resdy to go to sleep. I was thinking of what you have said today. There's something a little unusual I feel - like a lump in my throat sometimes. It's like wanting to cry, but forcing yourself not to.

02:00, Sep 26, 2013 - x: I'm perfectly fine, have no reason to cry, but this is what I feel lately. Speek to you later.

12:35, Sep 26, 2013 - x: Hi! I have jogged and showered and found a brown spot on my underwear. Unexpected, too early, 17 days after the last period. Every 25 days is my cycle.□

12:39, Sep 26, 2013 - x: I won't move anymore today襤

14:05, Sep 26, 2013 - x: I finished a bottle of 100 ml X

14:06, Sep 26, 2013 - x: What next?

14:15, Sep 26, 2013 - Inerdev Sahu: Hmmm don't worry

Prepare and start again ☺

14:15, Sep 26, 2013 - Inerdev Sahu: The making and taking remains the same

14:07, Sep 26, 2013 - x: Ok, I will

14:16, Sep 26, 2013 - Inerdev Sahu: If there is any changes in symptoms send me a msg

14:08, Sep 26, 2013 - x: What about the spot

14:08, Sep 26, 2013 - x: ?

14:17, Sep 26, 2013 - Inerdev Sahu: Cannot draw any conclusion with a single spot

14:10, Sep 26, 2013 - x: All or nothing! I understand ☐

14:20, Sep 26, 2013 - Inerdev Sahu: We will wait and watch

And you are also in menopausal age so such erratic spotting and bleeding happens

14:21, Sep 26, 2013 - Inerdev Sahu: And you had thyroid surgery

Was it partial removal

14:12, Sep 26, 2013 - x: It's confusing

14:12, Sep 26, 2013 - x: Yes

14:21, Sep 26, 2013 - Inerdev Sahu: What's confusing pls ask me

14:14, Sep 26, 2013 - x: Menopausal age and fibroid uterus. Plus my thyroid...

14:16, Sep 26, 2013 - x: All in the same time. How will we know where the symptoms come from?

14:26, Sep 26, 2013 - Inerdev Sahu: See if you ask me I don't think that your fibroids are giving you this bleeding

Fibroids has always been there in your case

It is more of menopausal

And you must not worry for bleedings (people are afraid) but up too 300-500 ml of blood in regenerated in 24 hours in a normal adult

14:27, Sep 26, 2013 - Inerdev Sahu: Fibroids bleedings are generally very profuse

14:28, Sep 26, 2013 - Inerdev Sahu: And people having fibroids don't jog and think of climbing mountains ☺

14:29, Sep 26, 2013 - Inerdev Sahu: I mean on slight exertion usually people start bleeding if fibroids is causing the bleeding

14:22, Sep 26, 2013 - x: I feel young, not at menopausal age. I was sporty all my life

14:22, Sep 26, 2013 - x: I know I can.

14:32, Sep 26, 2013 - Inerdev Sahu: Good

The best way to be young and healthy is to ignore minute functional things happening in the body

14:33, Sep 26, 2013 - Inerdev Sahu: I will tell you one secret

90% of the things happening in the body even doctors also don't know GG

14:34, Sep 26, 2013 - Inerdev Sahu: I am going for lunch

Talk to you later

If any problem send me a msg

14:26, Sep 26, 2013 - x: I know. I am the best doctor for myself. I know better my body than a doctor

14:34, Sep 26, 2013 - Inerdev Sahu: ☺

14:26, Sep 26, 2013 - x: Enjoy your lunchF

11:18, Sep 27, 2013 - x: Hi! Brown turned to red and the spot became menses□

11:27, Sep 27, 2013 - Inerdev Sahu: OK

11:27, Sep 27, 2013 - Inerdev Sahu: Any change in the consistency of the flow

11:20, Sep 27, 2013 - x: I'll let you know

11:28, Sep 27, 2013 - Inerdev Sahu: OK

Don't worry

11:29, Sep 27, 2013 - Inerdev Sahu: See if bits of fibrous tissues are coming out

11:20, Sep 27, 2013 - x: I'm trying

11:21, Sep 27, 2013 - x: I will

11:30, Sep 27, 2013 - Inerdev Sahu: You don't have to try if it comes out you will know G

11:22, Sep 27, 2013 - x: Try not to worry...

11:31, Sep 27, 2013 - Inerdev Sahu: Nops

No need to worry at all

11:23, Sep 27, 2013 - x: Ok

11:23, Sep 27, 2013 - x: Speak to you later.

11:32, Sep 27, 2013 - Inerdev Sahu: OK

13:02, Sep 27, 2013 - x: Hi! Consistency- thick, colour-red to brown. That's it so far.

13:21, Sep 27, 2013 - Inerdev Sahu: OK

Was it the same like last times or different

13:14, Sep 27, 2013 - x: Last time was more fluid

13:14, Sep 27, 2013 - x: And more red

13:23, Sep 27, 2013 - Inerdev Sahu: OK

Any other problem along with this like pain cramps etc

13:16, Sep 27, 2013 - x: Pain as usual so far.

17:43, Sep 27, 2013 - x: Hi. May I take vitamine D ? The therapist found a lack of vitamine D in my body.

18:08, Sep 27, 2013 - Inerdev Sahu: You can take no problem

18:01, Sep 27, 2013 - x: Ok.

10:35, Sep 30, 2013 - Inerdev Sahu: Hi good morning

How are you doing

18:10, Sep 30, 2013 - x: It's almost the end of period. It was more consistent in the begining, I mean thick and brown. Then were brown spots on red foundation.

18:13, Sep 30, 2013 - x: Since yesterday is red. Becomes a bit brown, not much. Saturday morning I had pain. But in half an hour was better.

18:17, Sep 30, 2013 - x: In the meantime I caught a cold. I allowed myself to take fresh juice with ginger and garlic

18:20, Sep 30, 2013 - x: Hope you're fine.

18:32, Sep 30, 2013 - Inerdev Sahu: I am fine thank you

18:25, Sep 30, 2013 - x: I think you wanted a report which I did. F

18:35, Sep 30, 2013 - Inerdev Sahu: Sorry didn't get you


18:35, Sep 30, 2013 - Inerdev Sahu: You did some investigations ?

18:27, Sep 30, 2013 - x: <Media omitted>

18:27, Sep 30, 2013 - x: No. I told how was I the last days.

18:28, Sep 30, 2013 - x: And the photo is recent. Half an hour ago.

18:36, Sep 30, 2013 - Inerdev Sahu: OK

Snap is 

18:37, Sep 30, 2013 - Inerdev Sahu: Was there anything unusual in this cycle

18:38, Sep 30, 2013 - Inerdev Sahu: How are you feeling

Is there a sense of well being

Do u find anything by which we can ascertain the medicine is working well

18:30, Sep 30, 2013 - x: Not quite

18:39, Sep 30, 2013 - Inerdev Sahu: Pls send me a msg when this bottle is over

18:32, Sep 30, 2013 - x: The bottle will be over in aprox 2 days.

18:34, Sep 30, 2013 - x: I am feeling well, I like how I look, I am positive

Give me a follow up after 2 days when the bottle is over .

18:45, Sep 30, 2013 - Inerdev Sahu: Then I will decide the next step

18:37, Sep 30, 2013 - x: I have a holiday ahead... not climbing the mountain 😊

18:37, Sep 30, 2013 - x: I will. Have a eoderful evening

18:38, Sep 30, 2013 - x: Wonderful

18:48, Sep 30, 2013 - Inerdev Sahu: You can climb if you want to

Bodily issues come and go but after some years climbing of mountain will be difficult so my advise do what the heart desires ☺

19:07, Sep 30, 2013 - x: Maybe next year. I will travel to a sunny place, where my body can produce vitamine D.☺

19:07, Sep 30, 2013 - x: Write to you soon☺

19:42, Oct 2, 2013 - Inerdev Sahu: How are you doing ☺

19:42, Oct 2, 2013 - Inerdev Sahu: It depends on that

19:33, Oct 2, 2013 - x: Fine, thank you.

19:34, Oct 2, 2013 - x: No bleeding, no pain, just good mood☺

19:44, Oct 2, 2013 - Inerdev Sahu: OK then prepare the X and start

Making and taking remains the same ☺

19:37, Oct 2, 2013 - x: Thank you. Have a nice evening!

19:48, Oct 2, 2013 - Inerdev Sahu: You too have a nice drive ☺

19:42, Oct 2, 2013 - x: I will, thank you. ✨

16:27, Oct 9, 2013 - x: Hi. I'm about to finish the third bottle.

16:37, Oct 9, 2013 - Inerdev Sahu: Hi how are you doing ☺

16:28, Oct 9, 2013 - x: Better than ever☺

16:38, Oct 9, 2013 - Inerdev Sahu: Good

Do u want to go for USG

16:29, Oct 9, 2013 - x: Ultrasound you mean?

16:39, Oct 9, 2013 - Inerdev Sahu: Yeah

16:39, Oct 9, 2013 - Inerdev Sahu: For further guidance

We will know the changes

16:31, Oct 9, 2013 - x: I'm looking forward, but isn't too soon?

16:41, Oct 9, 2013 - Inerdev Sahu: Hmmm OK you can do it later

No hurry from my side

16:33, Oct 9, 2013 - x: I would do it after at least one month. Ehat do you think?

16:43, Oct 9, 2013 - Inerdev Sahu: Can you tell me any symptoms comparatively with your earlier symptoms that gives a hint that you are better than before

16:43, Oct 9, 2013 - Inerdev Sahu: And have you put on weight

16:45, Oct 9, 2013 - Inerdev Sahu: You can do it whenever you want

We work on symptoms rather than investigations

16:38, Oct 9, 2013 - x: Emotionally I'm great. Different physical symptoms I don't have. I didn't put on weight. I'm 56 kg.

16:39, Oct 9, 2013 - x: Yesterday I was on the mountain. ☺

16:48, Oct 9, 2013 - Inerdev Sahu: ☺

16:40, Oct 9, 2013 - x: Should I prepare another bottle?

16:49, Oct 9, 2013 - Inerdev Sahu: Before starting my treatment you didn't climb the mountains

16:49, Oct 9, 2013 - Inerdev Sahu: ?

16:40, Oct 9, 2013 - x: I did. I go to ski too.

16:50, Oct 9, 2013 - Inerdev Sahu: Hmmm

OK you make and take Y

16:41, Oct 9, 2013 - x: I'm not a jellyfish old granmaG

16:50, Oct 9, 2013 - Inerdev Sahu: Hahaha

16:51, Oct 9, 2013 - Inerdev Sahu: That's great ☺

16:42, Oct 9, 2013 - x: Ok, I will take Y

16:52, Oct 9, 2013 - Inerdev Sahu: Pls let me know if any problem after starting it

16:44, Oct 9, 2013 - x: Yes. I will. Speak to you soon. Thank you.

16:53, Oct 9, 2013 - Inerdev Sahu: Byee take care

16:44, Oct 9, 2013 - x: Havr a beautiful evening

11:21, Oct 11, 2013 - x: <Media omitted>

11:24, Oct 11, 2013 - x: Hi. It's snowing. It won't last, but it's the first snow. Have a sunshining day.F

11:33, Oct 11, 2013 - Inerdev Sahu: G ☺

14:09, Oct 16, 2013 - x: Hi there. Are you available?

14:19, Oct 16, 2013 - Inerdev Sahu: Hi

14:19, Oct 16, 2013 - Inerdev Sahu: How r you

14:19, Oct 16, 2013 - Inerdev Sahu: G

14:11, Oct 16, 2013 - x: Fine, thank you. I'll finish the bottle of Y

14:21, Oct 16, 2013 - Inerdev Sahu: Any changes

You want to tell me ?G

14:12, Oct 16, 2013 - x: No changes.

14:22, Oct 16, 2013 - Inerdev Sahu: Like climbing mountains everyday G

14:13, Oct 16, 2013 - x: You're joking. It's raining 袞

14:23, Oct 16, 2013 - Inerdev Sahu: Ohhh

Have you put on some weight ?

14:14, Oct 16, 2013 - x: But yoga every week...F

14:14, Oct 16, 2013 - x: No

14:14, Oct 16, 2013 - x: G

14:24, Oct 16, 2013 - Inerdev Sahu: OK

So I have to prescribe you again on the symptoms you gave me in the first interview

14:25, Oct 16, 2013 - Inerdev Sahu: G

14:19, Oct 16, 2013 - x: I will wait your advice ☺

14:29, Oct 16, 2013 - Inerdev Sahu: OK OK

You make and take Z

14:29, Oct 16, 2013 - Inerdev Sahu: Making and taking remains the same

14:20, Oct 16, 2013 - x: Thank you. I'll let you know if any change occurs.

14:22, Oct 16, 2013 - x: Have a sunny day!

14:32, Oct 16, 2013 - Inerdev Sahu: You too have a nice day ahead

15:12, Oct 22, 2013 - x: Hi there!

15:12, Oct 22, 2013 - x: I made the payment today.

15:15, Oct 22, 2013 - x: Since sunday I have my menstruation. I have much, pain more than usual, just red.

15:28, Oct 22, 2013 - x: Stitching pain alternating sides. Hot flashes in the same time with pain.

15:35, Oct 22, 2013 - x: Sleep well, usual apetite. But I have much, it's the third day. Usually I have much in the first day.

15:43, Oct 22, 2013 - x: It flows when laugh although I'm sitting. Pain radiating downwards to the knees and sometimes radiating to the tailbone.

16:30, Oct 22, 2013 - Inerdev Sahu: OK

After how many days did you get the period

16:28, Oct 22, 2013 - x: 25 as usual.

16:38, Oct 22, 2013 - Inerdev Sahu: Good

Last time it was early in 17 days ?

16:29, Oct 22, 2013 - x: I am checking. Wait... Pleade.

16:29, Oct 22, 2013 - x: Please

16:32, Oct 22, 2013 - x: Yes, after 17 days

16:41, Oct 22, 2013 - Inerdev Sahu: G

16:42, Oct 22, 2013 - Inerdev Sahu: OK how many days is the flow generally

16:33, Oct 22, 2013 - x: 5

16:43, Oct 22, 2013 - Inerdev Sahu: Hmm OK pls stop the Z which you are taking

Send me a msg when flow is stopped .

16:44, Oct 22, 2013 - Inerdev Sahu: Anything is intolerable ? Which you want me to take care of ?

16:37, Oct 22, 2013 - x: I will. No remedy in the meantime? Otherwise I'm fine.

16:48, Oct 22, 2013 - Inerdev Sahu: ☺

16:48, Oct 22, 2013 - Inerdev Sahu: I am expecting a clean uterus on USG

16:39, Oct 22, 2013 - x: Me too.

16:40, Oct 22, 2013 - x: Speak to you soon.

16:51, Oct 22, 2013 - Inerdev Sahu: Yeah

Take care

Thanks for the fees .G

16:42, Oct 22, 2013 - x: You're welcome.

16:08, Oct 24, 2013 - x: Hi! I am dizzy, have nausea, sensation of ears plugged with cotton wool.

16:09, Oct 24, 2013 - x: And hot flashes from time to time.

16:16, Oct 24, 2013 - x: I waited in the line to my house doctor for a half an hour standing. I got a reccomandation to gynecologist. Maybe in november I'll have ultrasound.

17:34, Oct 24, 2013 - Inerdev Sahu: OK how is your flow

Has it stopped

17:26, Oct 24, 2013 - x: No., but there's a little

17:36, Oct 24, 2013 - Inerdev Sahu: R u having fever or other things

17:28, Oct 24, 2013 - x: No.

17:38, Oct 24, 2013 - Inerdev Sahu: R u having this hot flushes for the first time

17:29, Oct 24, 2013 - x: I try to eat something, I'm cold. Low battery maybe...

17:29, Oct 24, 2013 - x: Yrs

17:42, Oct 24, 2013 - Inerdev Sahu: OK can you get a remedy

CHINA in any potency

17:42, Oct 24, 2013 - Inerdev Sahu: It will give you relief of nausea and flushes

17:33, Oct 24, 2013 - x: I'll ask

17:43, Oct 24, 2013 - Inerdev Sahu: Ohh

It is for your acute symptoms

These are menopausal symptoms

17:44, Oct 24, 2013 - Inerdev Sahu: You don't have a homoeopathic pharmacy at your place ?

17:35, Oct 24, 2013 - x: No. Here is countryside

17:46, Oct 24, 2013 - Inerdev Sahu: OK

Did your doc give you some medicines for the nausea and flushes ?

17:37, Oct 24, 2013 - x: No. After I left today from him I started to have these symptoms.

17:47, Oct 24, 2013 - Inerdev Sahu: OK is it very bad ?

17:38, Oct 24, 2013 - x: And the sensation of shaking

17:38, Oct 24, 2013 - x: I'm not visibly shaking

17:38, Oct 24, 2013 - x: But this is what I feel

17:39, Oct 24, 2013 - x: If sit on the sofa it's ok.

17:40, Oct 24, 2013 - x: I'll eat something then I'll tell how I am.

17:50, Oct 24, 2013 - Inerdev Sahu: OK

Please take rest and something nutritious soup or something .

These symptoms are of menopausal

Nothing serious

It will go

How are you feeling now ?

19:09, Oct 24, 2013 - x: Better but weak.

19:19, Oct 24, 2013 - Inerdev Sahu: Did u had excessive flow this time ?

19:09, Oct 24, 2013 - x: Can't stand high volume or noise.

19:10, Oct 24, 2013 - x: Yes

19:20, Oct 24, 2013 - Inerdev Sahu: Comparatively how much excess

19:11, Oct 24, 2013 - x: Three days. Usually I have just one

19:23, Oct 24, 2013 - Inerdev Sahu: OK it might be due to weakness

I think you will be alright by a good sleep

19:15, Oct 24, 2013 - x: Ok

19:27, Oct 24, 2013 - Inerdev Sahu: Can I give u a list of medicines which can be used for day to day problems

5 pills

Just put it on your tongue and allow it to melt

15:47, Oct 25, 2013 - x: Ok

17:57, Oct 26, 2013 - x: Hi! How are you?

17:58, Oct 26, 2013 - x: I want to tell you that I am fine. No nausea, no flow. What should I do next?

17:59, Oct 26, 2013 - x: Climbing the mountain? ☺

18:22, Oct 26, 2013 - Inerdev Sahu: ☺

18:23, Oct 26, 2013 - Inerdev Sahu: Give some rest to the body

No medicines for 3 days ☺

18:14, Oct 26, 2013 - x: Party 鸚

18:24, Oct 26, 2013 - Inerdev Sahu: ☺

18:15, Oct 26, 2013 - x: Joking. Rest is what I want.

19:08, Oct 26, 2013 - x: <Media omitted>

15:54, Oct 29, 2013 - x: Hi! Ehen should I start taking remedies again and what?

15:54, Oct 29, 2013 - x: When

17:16, Oct 29, 2013 - Inerdev Sahu: How are you doing ?

Any problems

17:09, Oct 29, 2013 - x: I'm fine. But I'm thinking of my thyroid. Is it ok if I stoped taking remedies?

17:22, Oct 29, 2013 - Inerdev Sahu: OK we will stop that thyroid medicine but you will have to keep a watch

Why don't we taper it gradually

17:22, Oct 29, 2013 - Inerdev Sahu: How much are you taking now

17:13, Oct 29, 2013 - x: 25 microg

17:23, Oct 29, 2013 - Inerdev Sahu: Daily ?

17:13, Oct 29, 2013 - x: Yes

17:24, Oct 29, 2013 - Inerdev Sahu: OK let's make it alternate days first for 15 days

If you don't have any problems we will then make it 3 days .

And you don't please make and take X again

17:25, Oct 29, 2013 - Inerdev Sahu: Sorry please start with X

17:25, Oct 29, 2013 - Inerdev Sahu: I am a bit absent minded now a days ☐

17:26, Oct 29, 2013 - Inerdev Sahu: Want to write something else and something else comes out

17:19, Oct 29, 2013 - x: I know. I'll first go to make a blood test for the TSH. And then I'll send the result. I'll do this tomorrow morning.

17:30, Oct 29, 2013 - Inerdev Sahu: That is a good idea

17:20, Oct 29, 2013 - x: It takes just 24 hours.

17:30, Oct 29, 2013 - Inerdev Sahu: But you start with X

The making and taking remains the same

17:21, Oct 29, 2013 - x: Ok.

17:22, Oct 29, 2013 - x: Thank you. Speak to you soon. Have a peaceful day/mind F

17:32, Oct 29, 2013 - Inerdev Sahu: You have a nice day ahead

Send me a msg if any health issues

17:23, Oct 29, 2013 - x: I will. I sweat for example more than before.

17:34, Oct 29, 2013 - Inerdev Sahu: That's a why good sign

17:25, Oct 29, 2013 - x: Oook.

17:36, Oct 29, 2013 - Inerdev Sahu: If you are really benefitting from my remedies you should put on weight at least 1-2 kg

17:36, Oct 29, 2013 - Inerdev Sahu: Instead of why pls read it as very good sign

Sorry again 📧

17:27, Oct 29, 2013 - x: What if I don't want to?

17:28, Oct 29, 2013 - x: ...put on weight

17:28, Oct 29, 2013 - x: I'm fine with my 56 kg

17:39, Oct 29, 2013 - Inerdev Sahu: Sorry I framed it wrong

I meant a healthy look

17:30, Oct 29, 2013 - x: Who do I have to ask if I look healthy? □

17:41, Oct 29, 2013 - Inerdev Sahu: Appetite should increase

Body should feel light and comfortable relaxed

17:41, Oct 29, 2013 - Inerdev Sahu: A general sense of well being

17:43, Oct 29, 2013 - Inerdev Sahu: I cannot see you in person

When I meet patients on the second or 3rd visit I can make out from there appearance they have benefitted or not

The color of the skin changes

It glows □

17:33, Oct 29, 2013 - x: I'll see what will come and I'll let you know.

17:44, Oct 29, 2013 - Inerdev Sahu: Are you talking about the investigations ?

17:34, Oct 29, 2013 - x: I'll ask my husband. He is the mirror.

17:45, Oct 29, 2013 - Inerdev Sahu: Hahsha 🙄

17:45, Oct 29, 2013 - Inerdev Sahu: No need coz he would have told you if there was change □

17:36, Oct 29, 2013 - x: No. Don't think to much. I will see then and talk to you about the results.

17:46, Oct 29, 2013 - Inerdev Sahu: OK bye take care

17:37, Oct 29, 2013 - x: You too. Bye

13:52, Nov 4, 2013 - x: Hi! I called the hour doctor for the TSH

14:03, Nov 4, 2013 - Inerdev Sahu: Hi

13:54, Nov 4, 2013 - x: My thyriod is under normal level. I took thd last two months 25 microg.

13:55, Nov 4, 2013 - x: The doctor reccommends 50microg.

13:55, Nov 4, 2013 - x: And a control in 6 weeks.

14:06, Nov 4, 2013 - Inerdev Sahu: Hmm

Could you please send me the reports or tell me the values

14:06, Nov 4, 2013 - Inerdev Sahu: Are you having any symptoms ?

13:56, Nov 4, 2013 - x: I'll go to the doctor to take the printed results.

13:57, Nov 4, 2013 - x: No

14:08, Nov 4, 2013 - Inerdev Sahu: OK

Pls send me the reports then I will come to some conclusions .

And start the dose recommended by the doc

13:58, Nov 4, 2013 - x: Ok

13:58, Nov 4, 2013 - x: Thank you.

14:09, Nov 4, 2013 - Inerdev Sahu: Welcome

And pls don't worry it is in range

14:00, Nov 4, 2013 - x: I know. I have been on this 'street' before.□

18:56, Nov 5, 2013 - x: Hi! I have the report from the lab. FT4 is 1.12 ng/dl (0.80-2.00) and TSH is 4.10 microU/ml (0.50-3.50).

18:59, Nov 5, 2013 - x: This evening I'll finish the bottle of X. Should I continue with the same remedy?

14:03, Nov 6, 2013 - x: Hi! Are you ok?

14:04, Nov 6, 2013 - x: I have sent you a message yesterday.

14:17, Nov 6, 2013 - Inerdev Sahu: I am fine thank you

14:18, Nov 6, 2013 - Inerdev Sahu: You pls continue with the same

14:08, Nov 6, 2013 - x: Good!

14:08, Nov 6, 2013 - x: Ok. Another bottle.

14:19, Nov 6, 2013 - Inerdev Sahu: Sorry forget to reply your msg yesterday

14:19, Nov 6, 2013 - Inerdev Sahu: Yeah another bottle

14:10, Nov 6, 2013 - x: No problem. Have a nice day!F

14:21, Nov 6, 2013 - Inerdev Sahu: You too

15:15, Nov 13, 2013 - x: Hi! I have my period since monday. I had no pain in the first 2 days and had just thick brown bleeding. Today I have pain and red bleeding.

15:16, Nov 13, 2013 - x: Also today I will finish the bottle of . Should I prepare another?

15:18, Nov 13, 2013 - x: Unfortunately I won't go tomorrow for a ultrasound. I postponed the appointment for 22nd of november.

15:21, Nov 13, 2013 - x: Starting from my belly the pain spreads up and down in my body.

16:20, Nov 13, 2013 - Inerdev Sahu: Hmmm you pls start with X again

16:14, Nov 13, 2013 - x: Ok

17:42, Nov 22, 2013 - x: Hi! I'm finishing my X remedy. Waiting also for my turn to ultrasound. It should be fine. Write to you a bit later.

18:24, Nov 22, 2013 - x: Hi. I have a central fibroid 4.8/3.6 cm and oyer small ones. The dr said that as long I don't have an upside down period they aren't o problem. The big one could be during the menstruation.

18:36, Nov 22, 2013 - Inerdev Sahu: Hi

18:25, Nov 22, 2013 - x: He reccomends another visit in 6 months.

18:37, Nov 22, 2013 - Inerdev Sahu: Do you remember the previous usg

18:26, Nov 22, 2013 - x: If nothing unusual happen

18:37, Nov 22, 2013 - Inerdev Sahu: What was the position then I mean the measurements

18:27, Nov 22, 2013 - x: I have to check. But then I've been told they are too many to count them

18:39, Nov 22, 2013 - Inerdev Sahu: OK

18:28, Nov 22, 2013 - x: The difference between the dr is that thd first is a surgeon

18:40, Nov 22, 2013 - Inerdev Sahu: Measurement of the big one in the previous report ?

18:29, Nov 22, 2013 - x: I sent you the photos then.

18:29, Nov 22, 2013 - x: Do you have them still? Can you read them?

18:41, Nov 22, 2013 - Inerdev Sahu: I have to search it in the mail

18:41, Nov 22, 2013 - Inerdev Sahu: I am at clinic

18:42, Nov 22, 2013 - Inerdev Sahu: Will search and see later

18:31, Nov 22, 2013 - x: Ok. What about the remedy?

18:42, Nov 22, 2013 - Inerdev Sahu: How are you doing generally

18:31, Nov 22, 2013 - x: Fine.

18:43, Nov 22, 2013 - Inerdev Sahu: Good

18:32, Nov 22, 2013 - x: What next?

18:44, Nov 22, 2013 - Inerdev Sahu: You please start with Y and let me know

And pls send today's report also if possible

18:46, Nov 22, 2013 - Inerdev Sahu: Sorry I didn't understand what you mean by this

The difference between the dr is that thd first is a surgeon

18:36, Nov 22, 2013 - x: The first dr wad surgeon. The dr eho saw me toda is not a surgeon.

18:36, Nov 22, 2013 - x: The recepy

18:48, Nov 22, 2013 - Inerdev Sahu: Hmmm the surgeon wants to do his job

Is he unemployed ? GG

18:37, Nov 22, 2013 - x: Pension

18:37, Nov 22, 2013 - x: Is a professor

18:38, Nov 22, 2013 - x: Ok

18:50, Nov 22, 2013 - Inerdev Sahu: Hmmm just kidding

Many females have fibroids in uterus but they lie dormant

18:50, Nov 22, 2013 - Inerdev Sahu: Without causing any harm

18:40, Nov 22, 2013 - x: It seems l'different □

18:51, Nov 22, 2013 - Inerdev Sahu: As in your case it has been for 20 years

So pls don't worry

I am trying to shrink it

18:42, Nov 22, 2013 - x: I have patience

18:55, Nov 22, 2013 - Inerdev Sahu: That's the spirit ☺

18:44, Nov 22, 2013 - x: Speak to you later

18:56, Nov 22, 2013 - Inerdev Sahu: Thanks

Have a nice day ahead

18:47, Nov 22, 2013 - x: You too

19:37, Nov 22, 2013 - x: <Media omitted>

19:37, Nov 22, 2013 - x: <Media omitted>

19:43, Nov 22, 2013 - x: 1 D 5.20cm; 2 D 4.33cm

13:08, Nov 23, 2013 - Inerdev Sahu: Hi

These are the plates

To read this one has to spend 8 years of his life ☹

Pls send me the typed reports by the sonologists .

Was the above dimensions in the previous reports ?

And now it is less

16:47, Nov 23, 2013 - x: No written report.

16:47, Nov 23, 2013 - x: Hi.

16:48, Nov 23, 2013 - x: I had to ask for the photos.

16:49, Nov 23, 2013 - x: Otherwise you don't get them.

17:56, Nov 23, 2013 - Inerdev Sahu: OK so how do you get the size of the fibroids

17:45, Nov 23, 2013 - x: Smaller

17:57, Nov 23, 2013 - Inerdev Sahu: If possible pls let me know the measurements of the previous comparing with the present

17:57, Nov 23, 2013 - Inerdev Sahu: OK

17:49, Nov 23, 2013 - x: Yesterday the dr said that there is one big fibroid and is central. This could cause strong bleeding for a longer time than usual.

17:51, Nov 23, 2013 - x: I insisted to count also the others. He said it doesn' t worth it, they are too small, less than 1 cm

17:52, Nov 23, 2013 - x: The small ones are many.

18:04, Nov 23, 2013 - Inerdev Sahu: But the bigger one is less in size as compared to earlier ?

17:55, Nov 23, 2013 - x: Bigger than a mandarin I remember he said. And also others were there bigger than 1 cm. I saw them then on the display.

17:59, Nov 23, 2013 - x: I could see also yesterday on the display that the dr stoped and measured only this big fibroid. The others were too small.

18:01, Nov 23, 2013 - x: He asked me if I'm following any medication. I said yes: euthyrox and homeopathic remedy for thyroid.

18:05, Nov 23, 2013 - x: In six months I'll be back to him if unexpected bleeding comes up. That's what he have said.

18:05, Nov 23, 2013 - x: I will keep you informed as I did so far.

18:15, Nov 23, 2013 - x: You know, my feeling is positive. First because this dr didn't tell me I need a surgery. Second because the small fibroids are not as big as were before, in august. Third-apart of all the doctors say I think I'm better.

18:16, Nov 23, 2013 - x: Have a nice weekend.

18:29, Nov 23, 2013 - Inerdev Sahu: ☺☺☺

18:29, Nov 23, 2013 - Inerdev Sahu: Sorry had a patient

18:29, Nov 23, 2013 - Inerdev Sahu: Will chat when free

18:21, Nov 23, 2013 - x: No problem. Earlier I was driving. Now I'm home.

03:49, Nov 26, 2013 - x: Hi. I talked today with my friend. She said I told her in september that my biggest fibroid was then between 9 and 10 cm.

03:49, Nov 26, 2013 - x: I saw today the old

03:57, Nov 26, 2013 - x: Photos. The previous ultrasound shows more fibroids. So what I still have is half of the size of what was before following your recommendations.

03:59, Nov 26, 2013 - x: Have a wonderful day. F

20:47, Nov 26, 2013 - Inerdev Sahu: I hope in the next 2-3 months you must be fibroid free

20:47, Nov 26, 2013 - Inerdev Sahu: ☺☺

22:22, Nov 26, 2013 - x: It sounds wonderful! But after I'll be fibroid free perhaps I'll keep taking remedies to stop fibroids growing again, won't I?

12:07, Nov 27, 2013 - Inerdev Sahu: The motive of medicine is not to take medicine

So once you are healthy you must try to keep away from medicines

Whatever it may be homoeopathy or allopathy G

12:21, Nov 27, 2013 - x: I understand.